



## Online Support for Parents, Carers and Families

The NSPCC website has a range of support for parents and families.

- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/>

NSPCC have worked with Ambitious about Autism and parents and carers who have children with Special Educational Needs or Disabilities (SEND) to create activities to help talk about online safety. SEND children and young people:

- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/#SEND>

**Saferinternet.org have extensive resources to support parents and families:**

### Practical tips for starting a conversation about life online

Advice and tips about how to start a conversation about the things your child is doing and seeing online.

- <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers/practical-tips-for-starting-a-conversation-about-life-online>

### How to talk about difficult topics

Advice about how to talk about some of the more difficult or challenging things that may happen online.

- <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers/how-to-talk-about-difficult-topics>

### My child has said something worrying – what do I do?

If your child mentions something in a conversation with you that you find worrying there are steps you can take, this page gives more information about what you can do.

- <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers/my-child-has-said-something-worrying-what-do-i-do>

### What do I do if something goes wrong?

Sometimes things do go wrong online, but there are always steps you can take to help support your child and get help. This page looks at what you can do if something does go wrong for your child online.

- <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers/what-do-i-do-if-something-goes-wrong>

### How to make a report

Information to help you if you need to make a report on an app or site.

- <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers/how-to-make-a-report>

### Getting your child involved in online safety

Resources that can help you engage your children in online safety education, no matter their age.

- <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers/getting-your-child-involved-in-online-safety>

### Find out more about specific issues

If you want more information about specific online safety issues there are a range of places you can go.

- <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers/find-out-more-about-specific-issues>